



## Shrimp & Mango Coconut Curry

4 servings 30 minutes

## Ingredients

450 grams Shrimp (raw, peeled)

1/4 Lime (juiced)

2 grams Sea Salt

725 milligrams Black Pepper

15 milliliters Extra Virgin Olive Oil

1 Sweet Onion (diced)

4 Garlic (cloves, minced)

6 grams Ginger (grated)

10 grams Garam Masala

2 grams Turmeric

6 grams Cumin

2 Tomato (diced)

375 milliliters Organic Coconut Milk

1 1/2 cups Broccoli (chopped into small florets)

1 Mango (peeled and sliced into strips) Sea Salt & Black Pepper (to taste)

## **Directions**

- Marinate shrimp in a bowl with lime, salt and pepper. Cover and let sit in the fridge.
- Heat olive oil in a large skillet over medium heat. Saute your onion until soft, about 5 minutes. Stir in garlic and ginger until fragrant.
- 3 Stir in garam masala, turmeric and cumin until everything is coated.
- Add diced tomato and coconut milk. Bring to a simmer and add broccoli. Cook until tender, about 10 to 15 minutes. Add shrimp and simmer until cooked through, about 5 minutes.
- Stir in sliced mango and garnish with optional toppings. Divide into bowls and enjoy!

## **Notes**

Garnish With: Chopped coriander, parsley, red pepper flakes or toasted cashews.

Serve it With: Quinoa, couscous, brown rice or cauliflower rice.

**No Coconut Milk:** Use Greek yogurt or cashew cream instead. Or use almond milk and thicken with arrowroot powder.

Meat Lover: Swap the shrimp for chicken, beef or pork.

Storage: Refrigerate in air-tight container up to 3-5 days; freeze if longer.