



Homemade Chai Tea

4 servings
20 minutes

Ingredients

2 milliliters Water
5 servings Cinnamon Stick
14 grams Cardamom Seeds
17 grams Whole Cloves
7 grams Black Peppercorns
12 grams Ginger (peeled and thinly sliced)

Directions

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Combine all ingredients together in a large pot. Bring to a boil then reduce to a simmer. Let simmer for 15 minutes and then strain. Serve as is, or with almond milk and honey. Enjoy!

Notes

Serve it With: A slice of our Blueberry Banana Bread or Pumpkin Loaf.

Leftovers: Store sealed in a mason jar in the fridge up to 5 days. Re-warm or enjoy as iced tea.